

**District 5360**  
**Elwyn Grattidge Rocky Mountain Canoe Adventure 2010**  
**Itinerary**

<i>Date and Day</i>	<i>Activity</i>
June 19- Saturday	<ul style="list-style-type: none"> <li>▶ program starts at Augustana 1:00pm * (see bottom of page)</li> <li>▶ introductions and ice breaker activities</li> <li>▶ expectations and concerns</li> <li>▶ body climate control information session</li> <li>▶ dinner provided in Augustana cafeteria</li> <li>▶ packing gear and loading vans</li> <li>▶ accommodation and evening snack provided</li> </ul>
June 20 - Sunday	<ul style="list-style-type: none"> <li>▶ morning departure for Twin Lakes</li> <li>▶ afternoon canoe session</li> <li>▶ camp at HELA Ventures near Rocky Mountain House</li> </ul>
June 21- Monday	<ul style="list-style-type: none"> <li>▶ morning departure for river - Bighorn Dam put-in</li> <li>▶ river instruction and paddle in afternoon</li> <li>▶ camp on the river</li> </ul>
June 22 - Tuesday	▶ river paddle
June 23 - Wednesday	▶ river paddle
June 24 - Thursday	▶ river paddle
June 25 - Friday	<ul style="list-style-type: none"> <li>▶ spend the day camped at Devil's Elbow and running rapids</li> <li>▶ evening sauna</li> </ul>
June 26 - Saturday	▶ river paddle
June 27 - Sunday	<ul style="list-style-type: none"> <li>▶ arrive in Rocky Mountain House by 11:00am</li> <li>▶ load vans and trailers</li> <li>▶ drive back to Camrose</li> <li>▶ gear clean-up</li> <li>▶ accommodation at Augustana</li> </ul>
June 28 - Monday	<ul style="list-style-type: none"> <li>▶ breakfast provided at Augustana</li> <li>▶ finish equipment and gear clean-up</li> <li>▶ attend Rotary Lunch in Stettler and give presentation of experience</li> <li>▶ students depart <b>FROM STETTLER</b> after Rotary Luncheon via Bus at 1:00pm</li> </ul>

\* NOTE: In the past, Rotary South (District 5360) has organized a bus to transport the students from Calgary to Augustana, as well as meet us in Stettler after the trip and drive the students back to Calgary. This will again be done, however that is organized through Holly Drake of 5360. She will be updating you on details for the bus once they become available.